

SHELTER-HOUSING-MEALS-CLEAN-UP-CLOTHING

ASHLAND WINTER SHELTER (Call for screening)631-2235
7 Nights/wk: Nov 11-Apr 13 www.WinterShelters.com
COMPASSION HWY PROJECT646-8004
Meal in Hawthorne Park every other Sunday, 1 p.m.
DUNN HOUSE SHELTER (Domestic Violence Svcs)779-4357
MEDFORD GOSPEL MISSION – Men’s Shelter.....779-1597
125 W. Jackson, Medford (Dinner 5-6:30 for everyone.)
MEDFORD GOSPEL MISSION – Women’s Center.....772-2931
534 N. Bartlett Ave., Medford (Women and children)
OHRA RESOURCE CENTER.....631-2235
611 Siskiyou Blvd #4, Ashland www.homelessoptions.org
Outdoor community meals (Call for times & locations)
ROGUE RETREAT.....499-0880
711 E Main #25, Medford (housing, Kelly Shelter – year-round)
ST. VINCENT de PAUL OF MEDFORD.....772-3828
2424 N. Pacific Hwy., Medford (Meals, clothing, family shelter
SALVATION ARMY “HOPE HOUSE”.....773-7005
1065 Crews Rd., Medford (Transitional Housing)
SET FREE MINISTRIES773-4004
1410 W. 8th St, Medford (M, W, F showers, laundry, etc.)
UNCLE FOOD’S DINER.....482-9625
United Methodist Church, 165 N. Main St., Ashland
(Meal Tuesday, 4:30p.m., showers, medical)
FIRST PRESBYTERIAN CHURCH.....779-1711
85 S. Holly St., Medford (M-TH Sack Lunches)

FOOD PANTRIES

ACCESS.....779-6691
3630 Aviation Way, Medford (24 Food pantries)
ASHLAND COMMUNITY FOOD BANK488-9544
560 Clover Ln, Ashland (Mon-Fri. 9:30 -12:30)
ST. VINCENT de PAUL772-3828
2424 N. Pacific Hwy, Medford
ST. VINCENT de PAUL, Ashland708-5650
SALVATION ARMY FOOD PANTRY.....772-8149
922 N. Central, Medford (Mon 1-3, Tues-Fri 9-3)
UPPER ROGUE COMMUNITY CENTER Shady Cove.....878-2702
22465 Hwy 62 (Lunch Wed; Food boxes 1st & 3rd Thurs 10-2)

NON-EMERGENCY MEDICAL CARE

ROGUE COMMUNITY HEALTH
19 Myrtle, Medford773-3863
99 Central St., Ashland482-9741
2030 Antelope Rd., White City826-5853
JACKSON COUNTY HEALTH DEPT.....774-8209
140 S. Holly St., Medford (WIC, shots, OB clinic, STI exam.)
LA CLINICA
3617 S. Pacific Hwy, Phoenix535-6239
1307 W. Main St, Medford.....535-6239
4940 Hamrick Rd., Central Point.....535-6239
Women’s Health Ctr. 910 Central, Medford.....535-6239
Wellness Ctr. 730 Biddle Rd535-6239
Dental 1113 Progress Dr.....535-6239
Mobile Health Center.....512-3922 www.laclinicahealth.org

EMERGENCY MEDICAL CARE

ASANTE ASHLAND COMMUNITY HOSPITAL201-4000
280 Maple St., Ashland
PROVIDENCE MEDFORD MEDICAL CENTER732-5000
1111 Crater Lake Ave., Medford
ASANTE ROGUE REGIONAL MEDICAL CENTER
2825 Barnett Rd, Medford.....789-7000

CRISIS INTERVENTION & RESOURCES

HELPLINE (COMMUNITY WORKS)779-4357
(Crisis, info and referral hotline, sexual assault victim svcs)
JACKSON CO. MENTAL HEALTH 24/7 CRISIS LINE..... 774-8201
209 W. Main St., Medford

SUBSTANCE ABUSE AND MENTAL HEALTH TREATMENT

ADDICTIONS RECOVERY CENTER.....618-6329
1003 W. Main St., Medford
JACKSON COUNTY MENTAL HEALTH.....774-8201
140 S. Holly St., Medford
ONTRACK, INC, 209 W. Main St, Medford772-1777
FOUNDATIONS FOR RECOVERY, 110 N Ivy, Medford245-4673

SOCIAL SERVICES, LEGAL, ADVOCACY

AGING & DISABILITY RESOURCE CONNECTION.....618-7572
ACCESS (Rent, utility, energy assist., Veterans etc.).....779-8691
3630 Aviation Way, Medford
CENTER FOR NON-PROFIT LEGAL SERVICES779-7292
225 W. Main St., Medford
DEPARTMENT OF MOTOR VEHICLES776-6025
987 Medford Center Dr., Medford (ID card)
DISABILITY SERVICES OFFICE776-6210
28 W. 6th St., Medford (State Services)
HELP NOW! ADVOCACY CENTER.....732-1911
33 N. Central Ave, Suite 317, Medford
HOUSING AUTHORITY OF JACKSON COUNTY779-5785
2251 Table Rock Rd., Medford (Section 8, subsidized housing)
OHRA RESOURCE CENTER631-2235
611 Siskiyou Blvd #4, Ashland (jobs, counseling, crisis svcs)
OREGON DHS CHILD WELFARE776-6120
909 Royal Ct, Medford (Report child abuse or neglect)
OREGON DHS SELF SUFFICIENCY (Food Stamps, TANF, DV)
673 Market St., Medford776-8172
1658 Ashland St., Ashland482-2041
3131 Ave. C, White City864-8700
Oregon Health Plan1-800-699-9075
OREGON EMPLOYMENT DEPARTMENT
119 N. Oakdale Ave., Medford776-6060
Unemployment Benefits..... 1-877-345-3484
On-Line.....<http://www.workinginoregon.org>
R.V. UNITARIAN/UNIVERSALIST, Ashland..... admin@rvuuf.org
ST. VINCENT DE PAUL.....772-3828
2424 N. Pacific Hwy., Medford
ST. VINCENT de PAUL, Ashland708-5650
SALVATION ARMY772-8149
922 N. Central Ave., Medford
SENIOR SERVICES OFFICE.....776-6222
2860 State St, Medford (State Long Term Care Services)
SOCIAL SECURITY 1-800-772-1213
3501 Excel Dr., Medford (Call for appointment)
SO. OREGON GOODWILL INDUSTRIES.....772-3300
11 W. Jackson St. Medford (Job readiness, family stabilization)
WORKSOURCE OREGON (formerly Job Council)776-5100
35 S. Bartlett, Medford

AT RISK YOUTH

HEARTS WITH A MISSION646-7385
521 Edwards St., Medford (Shelter, ages 10-17))
COMMUNITY WORKS TRANSITIONAL LIVING PROG....779-2393
(ages 16-21, 22-29 w/children) 2594 E. Barnett, # 245, Medford
MASLOW PROJECT (youth birth-22 & families w/children)608-6868
500 Monroe St., Medford
THE MEDFORD DROP..... 414-7251
123 S. Front St, Medford (day center: youth 14-25, M-F 3-6 pm)
YOUTH 71FIVE.....779-3275
529 Edwards Street, Medford

VETERANS SERVICES

EASTER SEALS–HOMELESS VETERANS REINTEGRATION
PROGRAM776-6053
119 N. Oakdale St., Medford (Job development & svcs)
VA HOMELESS OUTREACH..... 826-2111 x3772 or x3702
VETERANS SERVICE OFFICE, JACKSON CO.774-8214
140 S. Holly St., Medford
COLUMBIACARE VETERANS RESOURCE CENTER.....779-8564
801 N. Grape St., Medford
SO. OR REHABILITATION CENTER & CLINICS/ DEPT. OF
VETERANS AFFAIRS–WHITE CITY (SORCC).....826-2111
8495 Crater Lake Hwy.. White City

ESSENTIAL SERVICES

JACKSON COUNTY, OREGON, HOMELESS TASK FORCE
(Updated January 2020)

Dial 211 for detailed information on available services

or text your zip code to 898211

All phone numbers in 541 area code

REFUGIO, COMIDAS, ASEO, ROPA

ASHLAND REFUGIO DE TIEMPO FRIO- (7 noches, solamente por reservacion). COMIDAS COMUNITARIAS EN ASHLAND (varias) Para dias, horas y localidades ,llame al OHRA631-2235
CASA DUNN 779-4357
(Refugio y Servicios para víctimas del abuso doméstico)
PROYECTO CARRETERA DE COMPASION.....646-8004
Comida en Parque Hawthorne, cada otra domingo, 1:00 PM
MEDFORD GOSPEL MISSION - HOMBRES779-1597
125 W. Jackson, Medford
(Hombres solamente, presentarse a las 4 de la tarde, comidas a las 5 de la tarde para toda la comunidad)
MEDFORD GOSPEL MISSION PARA MUJERES772-2931
534 N. Bartlett Ave., Medford
(Mujeres y niños B Llame para Información)
OHRA CENTRO COMUNITARIO DE RECURSOS
611 Siskiyou Blvd www.homelessoptions.org.....631-2235
ROGUE RETREAT.....499-0880
711 E,Main #25, Medford (Vivienda; Refugio Kelly)
ST. VINCENT de PAUL DE MEDFORD772-3828
2424 N. Pacific Hwy., Medford
(Comidas, ropa, refugio para familias)
SALVATION ARMY HOPE HOUSE773-7005
1065 Crews Rd., Medford (Vivienda transicional)
SET FREE MINISTRIES773-4004
1410 W. 8TH St, Medford (ducha, lavado de ropa Lu,Mi,Vi)
UNCLE FOOD'S DINER.....482-9625
Iglesia Metodista, 165 N. Main St., Ashland (Comida, los Martes a las 4:30 p.m., Clínica Movil,ducha,lavado de ropa)

COMIDA

ACCESS.....779-6691
3630 Aviation Way, Medford
(24 Despensas de comida B Llamar por lugar y hora)
ASHLAND COMMUNITY DESPENSA DE COMIDA....488-9544
560 Clover Ln., Ashland (Mon-Fri. 9:30 a.m. - 12:30)
ST. VINCENT de PAUL772-3828
2424 N. Pacific Hwy, Medford (Almuerzo, dispensa)
UPPER ROGUE COMMUNITY CENTER878-2702
2424 N. Pacific Hwy, Medford (despensa miercoles 10-2)

CUIDADO MEDICO- NO DE EMERGENCIAS

COMMUNITY HEALTH CENTER
19 Myrtle, Medford773-3863
99 Central St., Ashland.....482-9741
2030 Antelope Rd., White City826-5853
JACKSON COUNTY DEPARTAMENTO DE SALUD774-8209
140 S. Holly St., Medford (WIC, vacunas, OB clínica, etc)
LA CLINICA CENTROS DE SALUD..... 535-6239
3617 S. Pacific Hwy, Phoenix, 1307 W. Main St, Medford
4940 Hamrick Rd., Central Point
910 S. Central, Medford (Mujeres), Clínica Medford Central
1113 Progress Drive, Medford (Dental)

SERVICIOS PARA VETERANOS

COLUMBIACARE CENTRO DE RECURSOS PARA VETERANOS
601 N. Grape St, Medford.....779-8564
CLINICAS Y CENTRO DE REHABILITACION DEL SURE DE OR
DEPTO DE VETERANOS-WHITE CITY826-2111
8495 Crater Lake Hwy., White City ((Veteranos sin casa
Extension 3772. Serv. Medicos, tratamiento conta adiccion)
VETERANS SERVICE OFFICE del Condado de Jackson
140 S. Holly St., Medford.....774-8214
EASTER SEALS-PROGRAMA PARA VETERABIS
119 N, Oakdale St, Medford776-6053
(servicios de empleo)

**JACKSON COUNTY, OR. HOMELESS TASK FORCE
SERVICIOS ESENCIALES**

(Enero 2020)

Todos números telefónicos con area (541)

Para infomacion sobre recursos y servicios, marque 211

ABUSO DE SUSTANCIAS Y TRATAMIENTO DE SALUD MENTAL

ADDICTIONS RECOVERY CENTER 618-6329
SALUD MENTAL DEL CONDADO DE JACKSON 774-8201
140 S. Holly St. Medford
ONTRACK, INC. 772-1777
221 W. Main St., Medford
FOUNDATIONS FOR RECOVERY 245-4673

SERVICIOS SOCIALES, LEGALES

ACCESS 3630 Aviation Way, Medford 779-6691
(Alquileres, utilidades, consejos para vivienda)
CENTRO DE RECURSOS EN ASHLAND..... 631-2235
1908 Ashland St, #D, Ashland
CENTRO PARA SERVICIOS LEGALES 779-7292
225 W. Main St., Medford
CONECCIONES PARA PERSONAS MAYORES/DISCAPCITADAS
ADRC (Aviso de informacion y recursos por telefono618-7572
DEPARTAMENTO DE MOTORES Y VEHICULOS 776-6025
1174 Progress St., Medford (ID tarjeta de identificación)
DISABILITY SERVICES OFFICE 776-6210
28 W. 6th St., Medford (Servicios para adu;tp discapacitados)
HELP NOW! (AUXILIOS AHORA) ADVOCACY CENTER732-1911
33 N. Central Ave, Suite 211, Medford
GOODWILL INDUSTRIES DEL SUR DE OREGON..... 772-3300
11 W. Jackson St., Medford (prep., para empleo)
HOUSING AUTHORITY (AUTORIDAD DE VIVIENDA) 779-5785
2251 Table Rock Rd., Medford
OREGON DHS CHILD WELFARE (BIENSTAR DE NINOS
909 Royal Ct., Medford (Reportar abuso) 776-6120
OREGON DEPARTAMENTO DE EMPLEO
119 N. Oakdale Ave., Medford..... 776-6060
(beneficios de desempleo 1-877-345-3483)
COLUMBIACARE CENTRO DE RESURSOR PARA VETERANOS
601 N. Grape St., Medford (Veteranos).....779-8564
R.V. UNITARIAN/UNIVERSALIST, Ashland admin@rvuuf.org
ST. VINCENT DE PAUL 772-3828
2424 N. Pacific Hwy., Medford
ST.VINCENT DE PAUL, Ashland..... 708-5650
SALVATION ARMY 772-8149
922 N. Central Ave., Medford
SENIOR SERVICES OFFICE (Personas mas de 60 anos)776-6222
2860 State St., Medford (Servicios para personas mayores)
SOCIAL SECURITY OFFICE (SEGURO SOCIAL)Y1-800-772-1213
3501 Excel Dr., Medford (LLAME PARA CITA)
OREGON SELF SUFFICIENCY (OFICINA DE WELFARE)
(Estampillas para comida, TANF, violencia doméstica)
800 Cardley Ave.,Medford 776-6172
1658 Ashland St., Ashland..... 482-2041
3131 Ave. C, White City..... 864-8700
OREGON HEALTH PLAN (PLAN DE SALUD). 1-800-699-9075
WORKSOURCE OREGON (antes: The Job Council) 776-5100
35 S. Bartlett, Medford

JOVENES A RIESGO

HEARTS WITH A MISSION 648-7385
521 Edwards St., Medford (refugio para jovenes 10-17 años)
PROGRAMA VIVIENDA TRANSICIONAL DE COMMUNITY WORKS
201 W. Main St, Ste D., Medford (16-21 anos)779-2393 Ext.221
MASLOW PROJECT (0-22 años).....608-6868
500 Monroe St, Medford (Centro de refugio por dia)
THE MEDFORD DROP414-7251
345 N. Bartlett, Medford (Centro jovenes 14-25 anos, L-V 3-6 p.m.)
YOUTH 71FIVE 779-3275
529 Edwards St, Medford

INTERVENCION EN CRISIS Y RECURSOS

LINEA DE AYUDA (24 hrs.) 779-4357
(Linea telefónica para ayuda en crisis, información de servicios
victimas de asalto sexual)
SALUD MENTAL DEL CONDADO DE JACKSON
LINEA DE CRISIS(24 hrs) 774-8201